A On a separate sheet of paper, rewrite each statement or question, using correct punctuation. Remember to begin each with a capital letter.

I really don't have time to exercise

- 2 do you get enough sleep every night
- 3 my friends think I exercise a lot but I don't
- 4 we go running bike riding and swimming in the summer
- 5 my father never eats sweets but I do
- 6 what do I do on weekends
- 7 my younger brothers eat junk food watch TV and stay up late every night
- 8 am I a couch potato

Use the Ideas to write three questions with "I." Use these questions to introduce each topic in your description of your exercise and health habits. Be sure to check all your sentences and questions for correct punctuation.

What foods do I eat? I usually eat healthy foods during the week, but ...

Ideas

- · the foods you eat
- the foods you avoid
- your exercise routine

unit 7

A On a separate sheet of paper, use the cues to write sentences. Begin each sentence with a time clause.

(before) First we had lunch. Then we went to the beach.

Before we went to the beach, we had lunch

- 2 (after) First we visited Rome. Then we went to Venice.
- 3 (before) First they went snorkeling. After that, they had lunch
- 4 (after) He arrived in Miami on Saturday. Then he looked for a hotel.
- 5 (before) I spent three days in Mexico City. Next I flew to Cancún.
- **6** (after) She got back from the airport. After that, she called her mother.
- 7 (before) The weather was beautiful. Then it rained.

B On a separate sheet of paper, rewrite the paragraph, using time-order transition words.

Let me tell you about my trip. I flew from New York to London, and I spent two days there. I took the train through the Chunnel to Paris. Paris was amazing. I got a car and drove to Rome. It was a long drive, but it was really scenic. I took a boat to the island of Sardinia. It was very beautiful. I flew back to London and back home to New York.

Write sentences describing your vacation in the order that the events happened. Then use your sentences to write your paragraph, using time clauses and time-order transition words.