

# 9 Reading Worksheet

## 1. Read the article. What did Egyptians use instead of hair gel?

### Personal care – Egyptian style

The Ancient Egyptians loved being clean and looking good. They were very good at creating their own personal care products.



#### Makeup

Egyptian men and women used minerals from the earth to make different colors of eye makeup. As well as looking good, there were some practical reasons for wearing eye makeup: some of the minerals they used were good at protecting the eyes from disease and the strong sun.

#### Toothpaste

The Egyptians mixed two powders together and then put the mixture on their teeth to clean them. The powder worked well, but it damaged the enamel on their teeth eventually. You don't want to try that, do you?

#### Hair gel

The Ancient Egyptians even had a kind of hair gel. They used a mixture of fat and oil to keep their hair in place. It was probably difficult to wash it out! That isn't a good idea, is it?

#### Deodorant

The Egyptians didn't use to have deodorants, but they loved to smell clean and fresh. After adding oils and special perfumes to their baths, they then used a different kind of perfume under their arms.

#### Sunscreen

The Ancient Egyptians even wanted to protect their skin from the sun. They used the inside of a cereal called rice bran and a plant called jasmine as sunscreen. That's a good idea, isn't it?

#### Shaving cream

The Egyptians didn't like hair on their bodies very much. Men used razors or a kind of stone called pumice to remove hair from their faces or legs. Ouch!



rice bran



jasmine

## 2. Confirm a text's content Circle T (true), F (false), or NI (no information), according to the article.

- Egyptians didn't have a lot of personal care products. T /  / NI
- Eye makeup also had a practical purpose in Ancient Egypt. T / F / NI
- The powders the Egyptians used to make toothpaste were white. T / F / NI
- The Egyptians used to use deodorant after taking a bath. T / F / NI
- Sunscreen was expensive in Ancient Egypt. T / F / NI
- Egyptians preferred not to have hair on their bodies. T / F / NI

## 3. Answer the questions.

1. What were the benefits of eye makeup for Egyptians?

*Eye makeup also protected their eyes from disease and the sun.*

2. Why was the toothpaste the Egyptians used not good?

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3. What was the problem with the hair gel in Ancient Egypt?

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4. What did the Egyptians use instead of deodorant?

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5. How did Egyptians make sunscreen?

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6. How did the Egyptians remove hair from their bodies?

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